AESTHETICS

legant

Elegant Skin Aesthetics was established in 2021 by Monita Austin. We offer high quality customized non-invasive aesthetic & beauty treatments.

We also offer a wide range of local and imported products at affordable prices. We believe in the highest quality and stock only the best tools and products on our shelves.

Service Menu

FACIALS

Consultation Facial

Our consultation facial includes a cleansing, exfoliation, enzyme peel and moisturization. Thereafter, we do a skin analysis to recommend a treatment plan that is best suited for your specific skincare goals as well as an at home skin diet (product regime). We have partnered with some of the industrys leading brands to offer our clients a comprehensive plan with a progressive approach toward treatment and products for all skin types.

60 Min R500

Teen Facial

Teens should be educated on how to protect their skin and keep their skin healthy. The Teen facial provides a stepping stone, which helps the skin to improve its own natural functions. There will be noticeable refining of pores, impurities will be eliminated, and the skin will be properly hydrated. Any acne scarring can be treated or prevented by purifying and helping to rebalance the skin. This Facial also include product samples to take home.

45 min R450

Dermaplanning Facial

Dermaplaning is an exfoliation treatment that involves gently scraping the face with a medical-grade scalpel to remove the very top layer of skin. This removes both dead skin cells and the fine vellus hairs that are known as peach fuzz, leaving the surface of the face ultra smooth. By stimulating the development of new skin cells, this type of exfoliation helps new skin rise to the surface.

30 min R350

Dermaplanning + Peel + Red Light Therapy

Dermaplaning facial including a chemical peel tailor made according to your skin concerns. Inccluding red light led pdt therapy to soothe the skin as well as treating wrinkles, redness, acne, scars and other signs of aging.



60 Min R600

FACIALS

Personalized Facial

This facial is a completely personalized facial designed to treat any and all skin concerns you are facing. Whether your focus is acne, hydration, anti-aging, facial brightening, deep cleansing, pigmentation or scarring. Our customized facial treatments can address these skin concerns for all skin types. No matter what skin concerns you are facing, a customized facial is specifically designed to correct and treat. Our esthetician does a thorough consult and create a customized protocol for your facial treatment and your at home plan for skincare. This means that your skin is getting the proper care and correction it needs. Also, that the cause behind your skin condition is also treated to prevent further skin damage from happening. Every facial treatment we provide is fully customized to the patient and all of their skin concerns and needs. This making it possible for our patients to see the most impactful and corrective results.

60 Min R550

Advanced Personalized Facial

This facial is a completely personalized facial like the normal personalized facial, this facial contains extra's like Led light therapy, chemical peel & skin specific mask.

90 Min R850

TREATMENT - ADD ONS

Foot Massage

Enjoy an amazing foot massage during your treatment.

30 min R100

LED PDT Light Therapy

LED light treatments customized to your needs. Treating bruising, inflammation, dehydration and improving collagen.



TREATMENT - ADD ONS

Hydrogel Sheet Mask

This hydrogel mask delivers instant hydration to skin that is dry, dull or depleted. Cooling and soothing, it refreshes and revives thirsty skin with mineral-rich waters and hyaluronic acid. A blend of amino acids, aloe vera and antioxidant extracts leave skin radiant and glowing.

25 min R180

Eye Recovery Treatment

Smooth, soften and hydrate the undereye area. These luxe hydro-gel masks feature caffeine and soothing aloe vera, along with a triple-hyaluronic acid complex for a boost of hydration and visible firming effect. Clinically formulated with an antioxidant and tetrapeptide blend, they help to refresh tired eyes, improve the appearance of fine lines and reduce visible signs of fatigue.

15 min R200

Deep Cleanse + Extractions + Alginate Mask

Alginate has an incredible ability to retain water. When you apply an alginate mask, it forms a physical barrier between your skin and the air. This prevents the evaporation of water from the skin's surface, a process known as Trans epidermal Water Loss (TEWL), thus keeping your skin hydrated.ginate has an incredible ability to retain water. When you apply an alginate mask, it forms a physical barrier between your skin and the air. This prevents the evaporation of water from the skin's surface, a process known as Trans epidermal water loss (TEWL), thus keeping your skin and the air. This prevents the evaporation of water from the skin's surface, a process known as Trans epidermal Water Loss (TEWL), thus keeping your skin hydrated.

30 min R250

Dermaplanning



Ormedic Enzyme Peel

This is a non-chemical peel with a blend of organic enzymes. Perfect for dry, sensitive, unbalanced skin or darker skin. Increases moisture in the skin. The organic ingredients work to rebalance, regenerate and restore skin while stem cells boost cellular turnover. This blend of pumpkin-, pineapple-, papaya-, passion fruit- and mango enzymes, as well as organic aloe vera-based peptides, is a non-chemical peel for balancing, regenerating and restoring the skin. Comfrey stem cells promote the skin's own stem cells and thus preserve the youthfulness of the skin.

30 min R250

Mask Peel - Dermaceutic

For the appearance of oily and acne-prone skin, dilated pores and excess sebum. Purifies the epidermis and tightens pores. Brightens dull complexion. Decreases sebum production. Tightens pores. Regulates oily skin and dilated pores, reduces the appearance of oily and acne-prone skin, and excess sebum. Purifies the epidermis and tightens pores.

30 min R350

6% TCA Chemical Peel

TCA is derived from acetic acid, a derivative of vinegar. It is applied to remove the top layer of skin from the face, neck, hands or other parts of the body. A TCA peel chemically exfoliates the skin and reduces the appearance of fine lines & wrinkles, hyperpigmentation, melasma, acne scars and sun damage; it improves skin texture. TCA peels can be performed at a variety of strengths from light to medium and can be customized by the number of layers applied. TCA breaks up keratin, a protein found in the skin. This causes the keratin to stop functioning properly, lighten in color and peel away from the skin over the course of several days. As the layers of damaged skin are removed, healthier, smoother skin is revealed beneath. While a light peel only affects the topmost layer of skin, the epidermis, a medium peel can penetrate the papillary dermis below to treat deeper damage.



50% Glycolic Chemical Peel

The Glycolic acid peel slough off the surface and middle layers of skin, removing dead skin cells and debris. Since glycolic acid is made up of small molecules, it readily penetrates skin, removing the lipids that hold dead skin cells together. The percentage of glycolic acid contained in the peel determines how deeply it can penetrate the skins layers. Glycolic acid also loosens and lifts excess oil from hair follicle roots, which is why it often used to treat acne. Its also thought to suppress the production of melanin, which may be why its beneficial for reducing dark spots. The 50% Glycolic Peel is effective for: Fine lines & wrinkles, acne & acne scarring, Post inflammatory, hyperpigmentation, melasma, ingrown hairs, stretch marks, photo aging (Skin sagging, wrinkling and dark spots)

30 min R300

Milk Peel - Dermaceutic

Intended for the treatment of mild acne, keratosis pilaris and superficial pigmented lesions.nded for the treatment of mild acne, keratosis pilaris and superficial pigmented lesions. Reduces acne lesions, Eliminates superficial pigmented lesions, Improves the condition of keratosis pilaris, Boosts collagen production, Improves appearance of fine lines and wrinkles

30 min R550

Adanced Acne Lift Peel

Acne Prone Skin, Oily Skin, Blackhead Prone, Enlarged Pores. This beta-hydroxy acid cocktail treats and reduces all kinds of acne while resurfacing and smoothing the skin after just one treatment. Potent but safe, it contains anti-inflammatory agents like Camomile that effectively treats and heals acne lesions, Acne Prone Skin, Oily Skin, Blackhead Prone, Enlarged Pores.



Algae Peel | Bio-Needling

The spicules contained in the algae peel contain a host of minerals including zinc and copper both of which are beneficial for those with acne, or those looking for an effective anti-ageing treatment. This is a unique peel that reduces fine lines and scarring, heals acne and inflammation and targets hyperpigmentation. This peel is 100% natural and safe for all skin colors. This peel promotes a natural and safe peel in the epidermis (top layers of the skin) with amazing results in only 7-10 days.

45 min R950

Crystal Peel - Dermaceutic

Treats epidermal melasma & post-inflammatory hyperpigmentationended for the treatment of melasma, solar and senile lentigines, post-inflammatory hyperpigmentation, mild acne and hyperkeratosis. Treats epidermal melasma & postinflammatory hyperpigmentation, Fades pigment spots & post-acne pigmentation, Improves acne symptoms, skin texture, mild photoaging & rough skin, Reduces pore size & decreases sebum

30 min R850

15% TCA Chemical Peel

TCA is derived from acetic acid, a derivative of vinegar. It is applied to remove the top layer of skin from the face, neck, hands or other parts of the body. A TCA peel chemically exfoliates the skin and reduces the appearance of fine lines & wrinkles, hyperpigmentation, melasma, acne scars and sun damage; it improves skin texture. TCA peels can be performed at a variety of strengths from light to medium and can be customized by the number of layers applied. TCA breaks up keratin, a protein found in the skin. This causes the keratin to stop functioning properly, lighten in color and peel away from the skin over the course of several days. As the layers of damaged skin are removed, healthier, smoother skin is revealed beneath. While a light peel only affects the topmost layer of skin, the epidermis, a medium peel can penetrate the papillary dermis below to treat deeper damage.



Perfection Lift Peel

This Medical-grade chemical peel is a distinct blend of active exfoliants that works synergistically to visibly reduce the appearance of fine lines, correct uneven skin tone, smooth rough texture and reduce acne blemishes and hyperpigmentation. This concentrated blend of lactic acid, salicylic acid and resorcinol works synergistically to quickly and effectively reduce the appearance of advanced aging, pigmentation and acne. This extra strength treatment reveals a younger you in a single treatment.

30 min R950

Cosmo Peel 20% TCA - Dermaceutic

Eliminates pigmented lesions Reduces photodamaged spots Homogenizes and revitalizes the skin Boosts collagen and elastin production Improves appearance of wrinkles and sagging skin

30 min R1 500

GetGlow Micro-Peel Elaine Brennan

This Peel was created for the patient who cannot afford the down time of the Elaine Brennan Skin Renewal Peeling as well as for patients looking for a less expensive option. There is no comparison between the two peels and should not be confused with one another. The GetGlow Micro-Peel is a mild peeling which will lightly exfoliate the skin leaving it refreshed and soft. This Peel is designed to refine skin texture damaged by environmental factors and skin conditions such as acne. The procedure assists in smoothing fine lines and evening out skin. With each additional Micro-Peel procedure, you will notice incremental improvements in the overall appearance of the skin. For maximum results, we recommend a series of 4 - 6 GetGlow Micro-Peel treatments at two to six week intervals, depending on the skin type. Downtime? For approximately one week following the procedure, the skin will undergo a renewal process, lightly shedding its dead outer layer. Depending on the skin, you may or may not experience peeling. If peeling occurs, it is usually 4 days, starting on the 3rd day after the peel.



75 Min R1 800

Mela Peel - Dermaceutic

Mela Peel Forte is a professional grade chemical peel designed by Dermaceutic Laboratoire to target pigmentation spots, post-inflammatory pigmentation and melasma. Improved skin radiance and brightness. Improved skin radiance and brightness. Evened skin tone and complexion.

60 Min R1900

Cosmo Peel Forte - Dermaceutic

Promotes the removal of acne scars through combined ingredients. Eliminates pronounced pigmented lesions. Eliminates actinic keratosis lesions. Boosts collagen and elastin production. Improves appearance of wrinkles and sagging skin. 7 Days Downtime.

30 min R2 200

Skin Renewal Peel - Elaine Brennan

The Skin Renewal Treatment is a unique treatment.e Skin Renewal Treatment is a unique treatment. It helps the rapid removal of top dead cell layers (part of the Corneum Layer). Unlike many peeling treatments, this treatment does not remove even one layer of the epidermis, but only part of it. The problems and dangers of other peeling treatments are due to the fact that they remove the entire dead cell layer and many times go beyond into the living cell layers which can be affected or destroyed. The Skin Renewal Treatment is a method through which only part of the dead surface cells are removed in a thin, crusty layer, without any of the problems that other peelings can bring. The Skin Renewal Treatment the easy removal of blackheads and grease from clogged pores and will enable the skin to function better.

150 Min R7 500



DermaStamp Microneedling

DermaStamp Microneedling increases the body's own natural collagen production by up to 1000%. This treatment breaks down old, misaligned collagen common in scars and replace it with a new smooth layer, increases the absorption of products through the skin by up to 10,000 times including powerful cosmetic and hair restoration products.

60 Min R1 000

Microneedling - Face (Includes Chemical Peel)

Microneedling (Collagen Induction Therapy) is a skin needling procedure that promotes and accelerates natural skin regeneration and rejuvenation. The concept of needling is based on the skins natural ability to repair itself whenever it encounters physical damage such as cuts, burns and other abrasions. Fibroblast growth factors are activated, which stimulates the production of collagen and elastin. Microneedling improves the appearance of ageing signs of the skin such as fine lines, wrinkles, sagging skin, crow's feet, dark spots, age spots, hyperpigmentation and scarring caused by acne, surgery or chicken pox. Triggering this process on a regular basis encourages your body to keep repairing, reprogram the skin and you will start noticing significant improvement, the skin has the potential to increase its production of collagen and elastin up to 400% after just 4 sessions.

60 Min R950 - Face

Microneedling - Face & Neck

75 Min R1150

Microneedling - Face, Neck & Decolletage

90 Min R1300



MICRONEEDLING / COLLAGEN INDUCTION THERAPY

Radio Frequency Microneedling

Fractionated RF (radiofrequency) Needling is the combination of two methods previously used individually for different skin conditions. In particular, Fractionated RF Needling is effective for the improvement in acne scars, skin rejuvenation as well as fine lines and wrinkles on the face. This treatment is also ideal for bodily skin sagging. Fractionated RF Needling is a safe treatment for all skin types, and the treatment has minimal downtime and fewer complications. Microneedling uses a fine needle to create micro wounds, or channels, in the skin. This triggers the production of <u>capillaries</u>, <u>elastin</u>, <u>and collagen</u>. It's also called skin needling or collagen induction therapy. The needle releases radiofrequency into the channels, causing additional damage. This enhances the effects of standard microneedling. The skin that grows back is thicker and smoother. This can target: <u>fine lines & wrinkles</u>, <u>stretch marks</u>, appearance of <u>large pores</u>, <u>acne scars</u>, scars from injury or surgery, <u>hyperpigmentation</u>, loose, sagging skin, cellulite, <u>hyperhidrosis</u>.

60 Min R1 500 - Face

RF Microneedling - Face & Neck

75 Min R1750

Add On To Microneedling:

Dermaplaning: R250

Red Light Therapy - R150

Image Hydrogel Sheet Mask - R180

Alginated Mask - R100

Jelly Mask - R80

Eyebrow Tint - R100

Foot Massage During Treatment: R50



IPL SKIN REJUVENATION

IPL - Per Shot

Acne Scarring | Active Acne Breakouts | Skin Rejuvenation | Skin Tightening | Tummy Lift | Hand Treatments| Stretch Marks | Pigmentation | Neck Lift | Arm & Thigh Skin Tightening | Rosacea | Superficial Body Scars | Sun damage | Varicose veins in the legs | Spider Veins | Surgical Scars | Skin resurfacing | Through this procedure, controlled wounds are inflicted on the skin, which prompts the skin to heal itself by generating new cells. This treatment is effective on any area of the body.

15 min R80

IPL - Face, Neck & Decolletage

Acne Scarring | Active Acne Breakouts | Skin Rejuvenation | Skin Tightening | Tummy Lift | Hand Treatments| Stretch Marks | Pigmentation | Neck Lift | Arm & Thigh Skin Tightening | Rosacea | Superficial Body Scars | Sun damage | Varicose veins in the legs | Spider Veins | Surgical Scars | Skin resurfacing | Through this procedure, controlled wounds are inflicted on the skin, which prompts the skin to heal itself by generating new cells. This treatment is effective on any area of the body.

45min R1 400

IPL - Face

30 min R1050

IPL - Face & Neck

30 min R1150

IPL - Hands



LASER SKIN RESURFACING

Carbon Laser Peel

Acne, pigmentation, acne scarring, enlarged and clogged pores, melasma, photoaging, fine lines and wrinkles. A layer of liquid carbon is spread onto your face and left to dry for about 10 minutes. The carbon absorbs oil, dirt, and dead skin cells from deep within the pores. After shielding your eyes, the laser Is passed over the skin on a low-energy setting. This heats up the carbon, binding it to the epidermis. The laser also heats up subdermal tissue, boosting collagen and plumping up fine lines.

45 min R650

Laser Skin Resurfacing

The PICO laser uses high-energy picosecond pulses of light that penetrate the deep layers of skin. This breaks the pigment into tiny particles without damaging the surrounding tissue. Your body's natural healing process then removes the particle and generates new collagen to heal the skin and reveal brighter, refreshed skin. Skin imperfections, acne scarring, discoloration, premature aging, unwanted tattoos, and other conditions can shake our self-confidence. After all, we all long for clear, bright, youthful skin whatever our age. If you relate to these sentiments, Picosecond laser technology may be the miracle solution you have been looking for.

60 Min R900

TATTOO REMOVAL

Tattoo Removal

PicoSure advanced technology operates within a trillionth of a second and creating a photothermal impact that ensures fewer treatments and minimal downtime. During each session, more tattoo pigment particles are effectively fragmented and the body removes the smallest fragments over the course of several weeks or months after the treatment. This results in your tattoo lightening and fading over time. Remaining large / visible particles of tattoo pigment are then targeted at the following treatment sessions, causing further lightening / fading. The number of sessions and spacing between treatments depends on various factors, including the area of the body treated, ink color & depth, ink layers and effectiveness / state of the lymphatic & immune system.



EYE TREATMENTS

Eyebrow Shape

Shaping the eyebrow with a surgical blade

15 min R30

Eyebrow Wax

15 min R80

Eyebrow | Eyelast Tint

25 min R100

Henna Brows

40 min R250

Lash Lift & Tint

The Lash Lift Treatment is a simple and safe treatment which smoothens, lifts up and helps to give a visible volume to eyelashes. It will create a beautiful curls from your natural lash.he Lash Lift Treatment is a simple and safe treatment which smoothens, lifts up and helps to give a visible volume to eyelashes. It will create a beautiful curls from your natural lash.



WAXING TREATMENTS

Brow / Lip / Chin

15 Min R80

Underarms

20 Min R100

Bikini - Sides Only

15 Min R200

Brazilian

30 Min R300

Hollywood

45 Min R400

Half Leg / Full Arm

30 Min R220

Full Leg / Back & Chest

45 Min R260

Men's Waxing

Add 15%



LASER HAIR REMOVAL

Upper Lip & Chin

15 Min R150

Underarms

115 Min R200

Bikini - Sides Only

15 Min R250

Brazilian

30 Min R310

Hollywood

40 Min R350

Chest & Stomach

25 Min R350

Lower / Upper Back

45 Min R650

Full Arms / Half Legs

45 Min R650

Full Legs

60 Min R750







AESTHETICS

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